

## **Amateur Radio Emergency Service (ARES)**

Download the ARES Manual

<http://www.arrl.org/files/file/Public%20Service/ARES/ARESmannual2015.pdf>

ARES Field Resources Manual

[http://www.arrl.org/files/file/ARES\\_FR\\_Manual.pdf](http://www.arrl.org/files/file/ARES_FR_Manual.pdf)

## **FEMA**

FEMA Student Identification

<https://cdp.dhs.gov/femasid>

Distance Learning

<http://training.fema.gov/is>

The Emergency Management Institute (EMI) offers self-paced courses designed for people who have emergency management responsibilities and the general public. All are offered free-of-charge to those who qualify for enrollment.

FEMA's Independent Study Program offers courses that support the nine mission areas identified by the National Preparedness Goal.

- Incident Management
- Operational Planning
- Disaster Logistics
- Emergency Communications
- Service to Disaster Victims
- Continuity Programs
- Public Disaster Communications
- Integrated Preparedness
- Hazard Mitigation

IS-100.B: Introduction to Incident Command System, ICS-100

<http://training.fema.gov/is/courseoverview.aspx?code=IS-100.b>

IS-200.B: ICS for Single Resources and Initial Action Incidents

<http://training.fema.gov/is/courseoverview.aspx?code=IS-200.b>

IS-700.A: National Incident Management System (NIMS) An Introduction

<http://training.fema.gov/is/courseoverview.aspx?code=IS-700.a>

## **Go Kit Checklist**

2 meter HT plus 12 hours worth of batteries (a dual band 2M/440 is better)  
Consider a waterproof bag to protect it from the elements  
1/2 wave gain antenna for better performance and a magnetic mount antenna  
AC to DC adapter and auto cigarette lighter plug cable to power HT  
Remote speaker/microphone or headset  
Headphones with correct connector to plug into radio, for use in noisy areas  
Extra coax for antenna and connectors and adapters for radio  
Local and area maps  
Clock or accurate time source  
Repeater listing frequency Directory  
Users manual for your radios or cheat sheets  
Message forms, writing pads, pens and clipboard  
Copy of FCC license and driver's license  
Appropriate clothes for the weather, terrain and duration, dress to stay warm and dry.  
Hat, sunglasses and sunblock during warm sunny weather.  
Food, water, and needed medicines for at least 12 hours  
First Aid Kit, First Aid and CPR training?  
Night time gear, flashlight, extra batteries and bulb, reflective vest, flares in vehicle  
Small tool kit, gas and water shut off tools

### Extra Items

Second radio with 12 hours of battery power  
Base station antenna i.e.. J-pole and mounting hardware  
50 feet of coax with connectors  
Scanner radio and frequency list of local public safety agencies  
Large 12 volt battery, Gel or deep cycle, charger, 100 feet of AC power cord, large gauge  
Poster paper, markers and tape for signs  
Hard-hat for your head  
3-way electrical adapter (for 2 prong outlets)  
Whistle  
Waterproof paper